

18 to 24 months

"what I like"

- I like to move independently.

"what I can do"

- Turn pages of a book, several at a time.
- Run.
- Use a spoon to scoop.
- Take off my clothes with help.
- Kick a large stationary ball forward.
- Draw a horizontal line.



PHYSICAL DEVELOPMENT TIPS

- Provide toys with wheels for your child to push and pull.
- Give your toddler opportunities to practice taking off their clothes.
- Play ball games for kicking and throwing.
- Provide lots of opportunities for your child to climb up and down stairs.
- Go for walks outside on different surfaces.
- Provide many and varied books for your toddler to practice turning pages.
- Provide lots of different types of materials to make marks with or in, such as pudding, whipped cream, shaving cream, lotions, sand and mud, thick short marker pens.
- Provide large surfaces for making marks on.
- Sing finger rhymes together such as Round and Round the Garden (if you don't know this rhyme, look it up on YouTube).

