

# Happy Kids at home!

## Where's your hat?

For this activity you will need:

Hats of different sizes.

Learning to dress is a skill that children need to master. It takes time and practice. Dressing activities help children learn about caring for their clothes and helps in other areas of development.

It may seem strange, but children usually learn how to dress by undressing first. Once you have spotted that your baby has to started to pull off their hat, you can turn it into a game.

### Step 1

Each time your baby pulls off their hat, say "Where's your hat?" Watch as your child pulls it off and giggles.

### Step 2

Try different types of hat such as a large sun hat or cap so that you and your baby can play peek-a-boo with it.



Activity designed by Nursery World magazine.

## Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child's learning. This activity will cover many areas of the EYFS but are planned specifically to cover these areas below.

### Prime Area

#### Communication and Language

This activity is also good for language development because it helps babies to associate the word "hat" with an object and also introduces them to the concept of "where".

### Prime Area

#### Physical Development

This activity strengthens your baby's arm and hand movements. It is a great activity to help your child co-ordinate their movements while maintaining their balance.