

Happy Kids at home!

Knock-down play

For this activity you will need:

Something to stack with like blocks, wooden cubes, stacking beakers

Counting is important for learning mathematics. There are several stages involved in learning to count and children need to master each of the stages. These include children firstly learning the "sounds" and labels of numbers.

From about a year old, most children love knocking down towers of things. This type of play is great for helping children to hear and watch you count.



Step 1

Make a tower of five, counting them out as you build. Step back and watch as your child demolishes them.

Step 2

Build the tower again and once more count the objects as you stack them. See also if your child will help you.

Next steps

Involve your child in building larger structures or use different materials such as biscuit tins or cardboard boxes.

Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child's learning. This activity will cover many areas of the EYFS but are planned specifically to cover these areas below.

Specific Area

Mathematics

Knock-down play helps your child link the names of numbers to objects. It also helps your child learn about shapes.

Specific Area

Understanding the World

This type of play helps your child learn that objects fall to the ground. This is a practical introduction to gravity and early science skills.

Prime Area

Physical Development

Knock-down play and building towers encourages co-ordinated movement.