

Happy Kids at home!

Step by Step

For this activity you will need:

To take the stairs when you are out and about with your child or at home.

It can be useful for children to link an action to counting. This helps them associate number with quantity. There are a number of ways of doing this, but one of the easiest is to count steps or stairs as you go up or down them with your child.

Step 1

As learning to count requires children to hear counting over and over again, try building this into your daily routine.

Step 2

Don't worry if it takes a while for your child to join in or if when they do they mix up the order of numbers.

Next steps

Look out for other actions in your routine that can be counted, such as putting clothes one by one into the washing machine.



Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child's learning. This activity will cover many areas of the EYFS but are planned specifically to cover these areas below.

Specific Area

Mathematics

Counting in this way helps your child hear and feel the pattern of numbers.

Prime Area

Physical Development

Climbing steps is good for strengthening leg muscles. This type of activity helps your child co-ordinate their large movements.