

# Happy Kids at home!

## Going Shopping

For this activity you will need:

To take your child on your food shopping trip.

### Step 1

Encourage your child to get a certain number of items - for example 2 carrots and 1 loaf of bread.

### Step 2

Stay with 1,2 and 3 objects at first, but once your child is counting more reliably start to increase the numbers up to 5 or so. Don't expect that your child will always be accurate, so do check what you have before reaching the checkout!

### Next steps

Count the items together as you put them on the conveyor belt.



## Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child's learning. This activity will cover many areas of the EYFS but are planned specifically to cover these areas below.

#### Specific Area

#### Mathematics

This activity will be useful for helping your child count and associate number with quantity.

#### Prime Area

#### Personal, Social and Emotional Development

Being given a small task such as fetching "two apples" can help children feel grow-up.

#### Prime Area

#### Communication and Language.

Talking about quantities and also items in the supermarket develops children's vocabulary.