

# Happy Kids at home!

## Front and Back!

### For this activity you will need:

Nail Varnish and pile of clothes

Learning to dress is a skill that children need to master. It takes time and practice. Dressing activities help children learn about caring for their clothes and helps in other areas of development.

Many children walk around with their jumpers or their underwear on back to front. It is therefore worth taking time to show your child that clothes have a back and a front.



Activity designed by Nursery World magazine.

### Step 1

Put a spot of nail varnish or a marker on the inside label or seam at the back of your child's clothes.

### Step 2

Make a game where you put out a pile of clothes and take in turns to find the back of clothes.

### Step 3

For next steps see if your child can identify when clothes are inside out. Put out a few clothes, some inside out, and see if your child can spot them. You can do this when you sort the laundry.

## Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child's learning. The activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

#### Prime Area

#### Physical Development

Picking up and manipulating clothes will help your child's arm and hand movements.

#### Prime Area

#### Communication and Language

This activity will help your child learn the words "Front and Back".

#### Prime Area

#### Personal, Social and Emotional Development

This activity will help your child gain confidence as they begin to know which way round clothes should be.