

Happy Kids at home!

Button up

For this activity you will need:

Large button, elastic, old rag or cloth

Learning to dress is a skill that children need to master. It takes time and practice. Dressing activities help children learn about caring for their clothes and helps in other areas of development.

From around three years you should find that your child can bring a zip up on a coat, push down elasticated trousers and cope with a simple top. Buttons though, will need a lot of practice.

Step 1

Begin by attaching a large button to some elastic. Cut some large slits into a rag or cloth that you don't need.

Step 2

See if your child can push the button through the slit. Once your child can do this make new slits that are slightly small and so your child will have to make slightly more fiddly movements.

Step 3

For next steps find some smaller buttons for the elastic. Then try clothes that have large buttons or toggles on them.



Activity designed by Nursery World magazine.

Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child learning. This activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

Prime Area

Physical
Development

This activity will help hand eye co-ordination and will help develop a grip that is needed in handwriting.

Specific Area

Mathematics

This activity will help your child learn about size in a practical way.