

Happy Kids at home!

Tools of the trade!

From about 12 months, most babies try to grab the spoon that the adult is using. This is a sign that your baby wants to have a go.



Activity taken from Nursery World magazine.

For this activity you will need:

Spoon (not too shallow), bowl and mashed potato

Step 1

At first your baby will just play and explore with the spoon and food.

Step 2

After a few mealtimes, though, more food will find its way in to your baby's mouth. Keep letting them practice this.

Next Steps

Once movements become more co-ordinated, try removing the lid from your child's drinking beaker.

Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child learning. This activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

Prime Area

Physical Development

Using a spoon develops children's arm and hand movements.

Prime Area

Personal, Social and Emotional Development

Being able to use a spoon helps develop confidence.

Specific Area

Mathematics

Using a spoon allows your child to find out about shapes and sizes in a practical way.