

# Happy Kids at home!

## Table Mats

Many children enjoy drawing and writing and making table mats with your child is a great way of practicing these skills.



Activity taken from Nursery World magazine.

### For this activity you will need:

Some sheets of paper and a few felt tips or crayons.

### Step 1

Join in and see if you can make a table mat too. Showing that you like to write and draw is a great way of helping your child develop skills.

### Next steps

Make menus or name holders when you have a family get together.

## Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child learning. This activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

### Prime Area

Physical Development

Drawing, colouring and making letter shapes helps to develop your child's hand skills.

### Prime Area

**The World**  
Personal, Social and Emotional Development

Doing simple activities together helps your child feel secure and therefore more confident.

### Specific Area

**The World**

Expressive Arts and Design

Working out what to draw or write will encourage you child's creativity.

**The World**