

# Happy Kids at home!

## Just a spoonful

### For this activity you will need:

3 spoons of different sizes, metal and wooden

Understanding shape and size is something that you do when you park a car or try to fit groceries into a bag. While shapes and sizes are usually associated with mathematics, they are also important when it comes to literacy.

Children have to be able to recognise different shapes of letters and eventually link them to sounds. There are plenty of activities that you can do at home with all ages of children to help them enjoy and discover shape and size.

### Step 1

Even babies can begin to explore shape and sizes using their hands and mouths. One of the ways in which you can help your baby is to look out for three spoons of different sizes to hold, feel and suck.

### Step 2

You could also give your child the spoon you are using to wean them. This can help babies get used to the feel of the spoon in their mouth. Talk to your child as they hold and touch each spoon. Expect that the spoons will be dropped!

### Step 3

For next steps you could look out for three other objects for your baby to play with, such as balls of different sizes. When choosing objects, always think about whether they could be choking hazards.



Activity designed by Nursery World magazine.

## Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child learning. This activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

#### Prime Area

Physical  
Development

Holding spoons and also moving them towards the mouth will help your child's hand co-ordination.

#### Specific Area

Mathematics

Your baby is learning about size, shape and weight.

#### Specific Area

Expressive Arts  
and Design

By touching plastic, wood and metal, your child is learning about textures.