

Happy Kids at home!

Wash hands!

Babies are notoriously messy eaters. The pleasure of food for them lies as much in the hands as it does the mouth.



Activity taken from Nursery World magazine.

For this activity you will need:

Tray-like container!

Step 1

To involve your baby in hand washing after meals, try filling a tray-like container with lukewarm water.

Step 2

While you hold on to the container, let your baby splash their hands in it.

Step 3

Avoid rushing, as your child needs to learn that hand washing is a pleasurable experience.

Next Steps

Give your child a soft towel to handle as a way of learning about drying hands.

Early Years Foundation Stage (EYFS)

The EYFS sets standards for the learning, development and care of children from birth to 5 years old. It promotes teaching and learning through play to make sure all children have the skills they need for future life. There are 3 Prime Areas of Learning and 5 Specific Areas. We follow this in Preschool Nursery and you can do activities at home to help your child learning. This activities will cover many areas of the EYFS but are planned specifically to cover these areas below.

Prime Area

Communication and Language

If similar words and expressions are used each time, your child will learn words such as 'clean' or 'wash'.

Prime Area

Physical Development

Co-ordination: Learning to wash hands helps children co-ordinate their hand movements.

Prime Area

Personal, Social and Emotional Development

Independence: Being involved in hand washing will motivate your child to learn more self-care skills.