



With all of us in mind

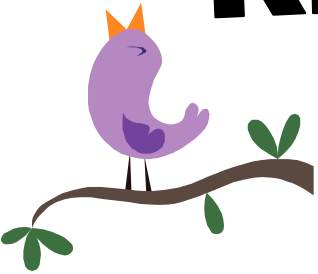
South West Yorkshire Partnership



NHS Foundation Trust

Children's Speech and Language Therapy Department

# **Rhythm & Sound**



## LISTENING



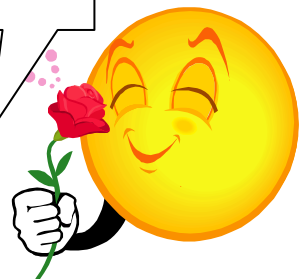
Choose a quiet time of the day and sit together for a few minutes. Names all the sounds you can hear e.g. birds outside, a cars etc.

Spend time playing without the TV or radio on to help your child listen to you

Play games e.g. hiding a noisy toy or ticking clock and ask your child to find it by listening.

## CLAPPING SYLLABLES

Try Clapping out the rhythms of songs and nursery rhymes as you sing them with your child.



Clapping out words slowly e.g. 'ra – bbit', 'e- le- phant' can really help children learn how to say words.

Try clapping out words together

- Take a walk round the house and clap out the objects you see
- Dressing. Clap out clothes
- Mealtimes. Clap out food items
- Clap out the names of friends and family.

## Typical Development of Speech Sounds

**English is one of the most difficult speech systems.**

**We don't expect children to use all their sounds correctly until they are 7 years old.**

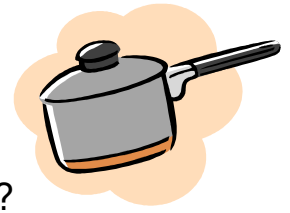
<b>Age</b>	<b>Sounds Developing</b>	<b>Typical errors at this age, and no help needed</b>
<b>Up to 2½ years</b>	p, b, m, n, w	Words may consist of repeated syllables e.g. flower becomes fafa. Sounds may be left off the end of words e.g. bike becomes bye
<b>2½ to 3 years</b>	t, d, g, k, h	Sounds may be left off the end of words e.g. bike becomes bye  k/c becomes t      e.g. car becomes tar g becomes d      e.g. girl becomes dir
<b>3 – 4 years</b>	s, f, y  'l' begins to develop but can take up to 7 years	s becomes t      e.g. sock becomes tock f becomes p/b      e.g. fish becomes pish or bish y becomes l/ w      e.g. yellow becomes lellow or wewow  l becomes w      e.g. leaf becomes weaf
<b>4 – 5 years</b>	sh, ch, v, z, j  'r' begins to develop but can take up to 7-8 years  S-Blends begin to develop e.g. sp, st, sk, sm, sn	sh becomes s      e.g. shoe becomes sue ch becomes t      e.g. chair becomes tair v becomes b      e.g. van becomes ban z becomes d      e.g. zip becomes dip j becomes d      e.g. jam becomes dam  r becomes w      e.g. ring becomes wing  Where 2 sounds occur together, one may be missed off e.g. spoon becomes poon or soon snake becomes nake or sake
<b>5 – 6 years</b>	th  Blends still developing e.g. pl, cl, br, cr,	th becomes f      e.g. thing becomes fing th becomes v      e.g. the becomes vuh  Where 2 sounds occur together, one may be missed off or simplified e.g. play becomes pay or pway brown becomes bown or bwown

# RHYTHM

## Music and movement

Can your child move around the room with you in time to the music?

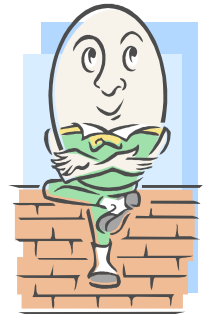
Try fast/slow music and move in different ways e.g. big steps like a soldier for marching music, tiny steps like a mouse for quiet quick music.



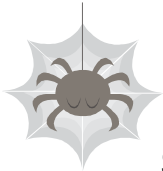
## Instruments

Using shakers, rattles, bells or saucepan and spoon beat time to the music.

Try making sound shakers with rice/pebbles in plastic bottles.



# RHYME



## Nursery rhymes

Sing nursery rhymes and make up some actions together.

Slow down to make listening easier for your child. Repeat again and again!

Humpty Dumpty	The wheels on the bus
Jack and Jill	Incy Wincey Spider
Baa Baa Black Sheep	Miss Polly had a Dolly
Twinkle Twinkle Little Star	Row Row Row your Boat
Round and Round the Garden	Ring a ring of Roses
Hickory Dickory Dock	Here we go round the Mulberry bush

Once your child is familiar with a nursery rhyme try pausing at the end of a line for your child to fill in the rhyming word e.g.

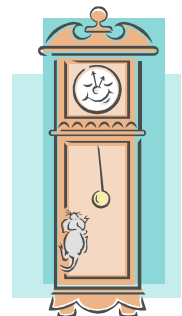
Humpty Dumpty sat on a wall

Humpty Dumpty had a great.....

## Nonsense rhymes

- Make up a chain of nonsense rhyming words e.g.


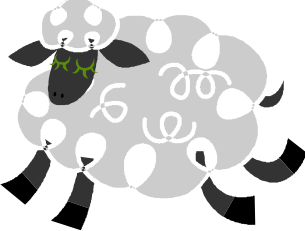
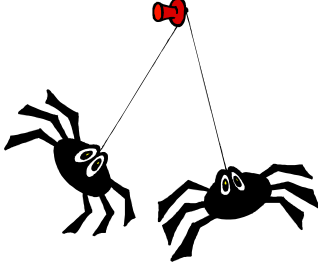


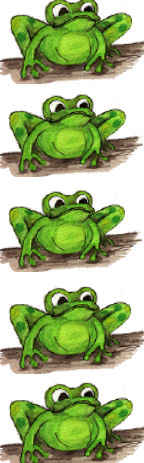

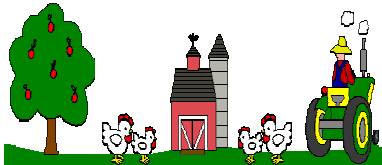

Jelly, telly, welly, melly.



# Nursery Rhyme Bag



Put all the nursery rhymes pictures inside a bag and take it in turns to pull out a card and sing the nursery rhymes

 <p><b>Miss Polly</b></p>	 <p><b>Baa baa Black Sheep</b></p>	 <p><b>Incy wincy spider</b></p>
 <p><b>Row row row your boat</b></p>	 <p><b>Wind your bobbin up</b></p>	 <p><b>Five little speckled frogs</b></p>
 <p><b>Twinkle twinkle little star</b></p>	 <p><b>Old Macdonald had a farm</b></p>	 <p><b>The wheels on the bus</b></p>