



With all of us in mind

South West Yorkshire Partnership

NHS Foundation Trust



# Being face to face with your child

## Why?

- It is important to get down to your child's level during play so that you can be face to face.
- This will help your child to look at you during play.
- It will show your child that you are interested in what they are doing.
- It allows you to see how they are communicating with you.
- Your child can watch and listen as you say sounds and words. This will help them to learn words.



## How?

- You may need to move to get down to their level.
- You may need to sit/lie on the floor.
- You could move round to face them as they sit in their pram
- When reading a book together, try to get face to face by sitting sideways to your child.

